

# WHEN ANIMALS SUFFER WE ALL SUFFER

FIND OUT HOW THE FACTORY FARMING  
OF ANIMALS IS HARMING PEOPLE TOO



**FACTORY FARMING.**  
TOGETHER WE WILL



**END.IT**

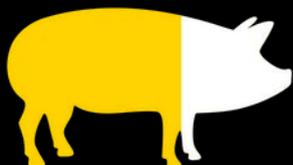
# THE HUMAN COSTS OF FACTORY FARMING ARE EVEN HIGHER THAN YOU THINK

You already know that people's excessive appetite for animal proteins—such as meat, fish, dairy and eggs—inflicts terrible suffering on billions of farmed animals. But it also destroys our environment, driving the climate crisis and harming human health. This booklet outlines some of the ways in which people are paying the price for factory farming—and what governments need to do to change it.

## Growing demand for cheap meat...

In the global north, people are eating more meat and dairy than ever before. In fact, meat production has quadrupled since the 1960s.

Most of the 87 billion animals farmed worldwide every year suffer needlessly on factory farms. An estimated 124 billion fish are reared every year, many of whom are in intensive underwater farms.



**60% of US cereals feed animals, not people**

Much of the energy and protein from this feed is lost as animals convert grain inefficiently to meat and milk. It's estimated that 100 calories of feed produce as little as 12 calories of chicken.

We produce enough food to feed almost twice the current global population, but about a third of this food is lost or wasted.

## Means more grain to feed animals, not people

Factory farmed animals are confined indoors and bred to grow painfully fast on high grain diets.



**88% of calories wasted**

**THERE ARE BETTER WAYS TO FEED THE WORLD THAN FACTORY FARMING.**

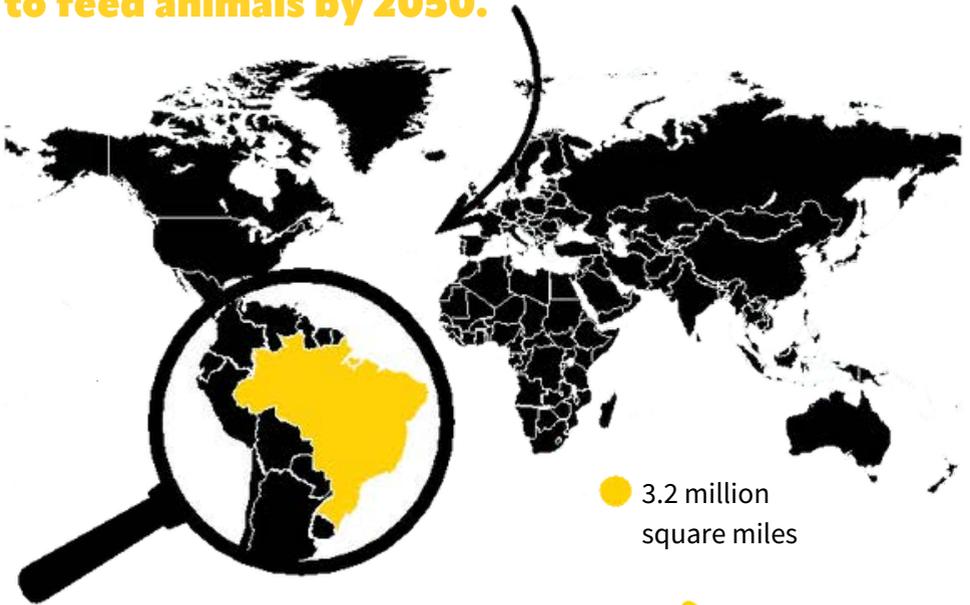
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# LEADING TO MALNUTRITION

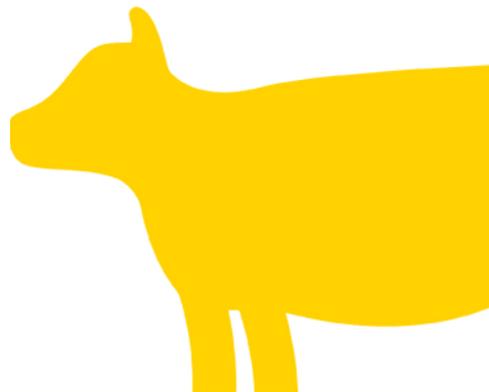
The more grain that goes to feed animals, the less affordable it is for people. Higher prices in the global south can also drive “land-grabbing,” where land is taken to grow crops, such as soy, mostly used as animal feed. This unjustly drives people from their land and reduces their access to food. This contributes to more and more people suffering from malnutrition and hunger.

If the world continues to increase its appetite for animal proteins, the use of cropland to feed animals will grow by a further 3.2 million square miles by 2050—that’s around the size of Brazil.

**This is how much more cropland will be taken to feed animals by 2050.**



At the same time, the global north faces a growing malnutrition problem from unbalanced diets. People consuming more animal proteins than plant-sourced foods suffer from health issues such as obesity, heart disease, diabetes and cancers.



# FACTORY FARMS ARE MAKING US SICK

## Cancer, heart disease and obesity

The health cost of eating too many animal-sourced foods, particularly red and processed meat, is enormous. Overconsumption is increasing people's risk of certain cancers, coronary heart disease, strokes, type II diabetes, and of course, obesity.

Factory farmed meat may be cheap to buy, but it is costing us our health.

Factory farming produces cheap meat



Leading to overconsumption, which contributes to obesity and other chronic illnesses in the global north



Break the cycle of suffering



Increasing the risk of malnutrition and hunger for millions of people in the global south



More land is unfairly used to grow crops for animals, not people



# AND THERE'S MORE...



## Antibiotic resistance

Without antibiotics, the horrific conditions in factory farms mean animals often get sick. So around 70% of the world's antibiotics are given to farmed animals as a preventative measure, even when they are not sick. This is contributing to antibiotic resistance—predicted to kill around 10 million people a year by 2050.



## Pollution is contributing to lung cancer

Pollution from farming animals directly harms human health. Agriculture, mostly of livestock, emits 81% of ammonia which reacts with other chemical compounds in the air to form particulate matter. This penetrates deep into the lungs causing long-term illnesses such as chronic obstructive pulmonary disease and lung cancer.



## Deadly pandemics

Cramming animals together in their hundreds, and even thousands, creates the perfect environment for diseases to be transmitted and even evolve into new, deadly strains that infect humans. COVID-19 is estimated to have killed around 3 million people worldwide. Unless we change our food system, we can expect more pandemics to come.

**URGENT GLOBAL ACTION IS NEEDED TO TRANSFORM DIETS AND FOOD PRODUCTION TO ENSURE A HEALTHY FUTURE FOR ANIMALS, PEOPLE, AND THE PLANET.**

# FACTORY FARMING MUST END. NOW.



**Around the world, factory farming must end. Governments' support for cheap animal products must end. In the global north, overconsumption of meat, dairy, eggs, and fish must end. We urgently need a transformation of our food systems—a “rescue plan” for animals, people and the planet.**

## **A brighter future is possible**

One where nature-positive, higher welfare agriculture supports the regeneration of the environment, fair livelihoods for farmers and nutritious food for all. And we can each play our part in making this vision a reality.

We're building a global movement of citizens, organizations and forward-thinking businesses. Together, we are calling on world leaders to urgently transform our global food system. They must ensure nutritious food is accessible, affordable and animal- and planet-friendly.





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# TELL WORLD LEADERS TO TRANSFORM OUR GLOBAL FOOD SYSTEM



## END.IT

Join our call for world leaders to develop a United Nations Global Agreement on food systems transformation.

Together we can:

Shift to nature-positive farming systems that help restore biodiversity and soils and keep the global increase in average temperatures below 1.5°C

Secure a just transition to a world free of hunger and malnutrition

Make sure all farmed animals have a life worth living

THE AGONY STARTS IN A FACTORY FARM  
BUT IT ENDS WITH US.

SIGN OUR PETITION AND SHARE  
[WWW.END.IT](http://WWW.END.IT)

# **END.IT** **FOR** **ANIMALS** **PEOPLE** **PLANET**

Our global food system harms animals, damages human health, drives biodiversity loss and the climate crisis, and threatens the very future of our planet. There is a solution, but we must act. Fast.

**Tell world leaders to support the transformation of our food systems—a “rescue plan” for animals, people and the planet.**



**Help us wake up the world  
by sharing the petition  
and this booklet.**



Sign our petition  
and share

[www.end.it](http://www.end.it)

Compassion in World Farming, Inc. is a 501(c)(3) nonprofit organization.  
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For more information about Compassion's work, visit [ciwf.com](http://ciwf.com).